

Ear Piercing After Care

Safe healing begins with the piercing process you choose

Healing Period

Caring for your new piercing is just as important as the piercing itself. Be sure to follow your aftercare instructions carefully, and leave your piercing earrings in for the recommended healing time:

Earlobe Piercings: 6 weeks

Cartilage Piercings: 12 weeks



DAY ONE

Congratulations. Please follow these tips to help your piercing heal safely.

KEEP IT CLEAN

Keep your hands and anything that comes in contact with your piercing CLEAN.

3X A DAY

Gently clean the front and back of your piercing with a cotton swab soaked in Inverness Ear Care Solution 3x every day.

IF YOU HAD YOUR
EARLOBES PIERCED
WEEK 6



PROTECT YOUR PIERCING



You may now change your earrings!

We recommend stud-style earrings for the first 6 months. For best results, avoid heavy earring styles for the first 12 months.

You may now change your earrings!

Avoid heavy earring styles for the first 12 months. See other side for more info about protecting your piercing.

Earlobe:

For 6 months following the healing period, never go more than 24 hours without an earring.

Cartilage:

For 6 months following the healing period, wear an earring in the piercing at all times.

Share your Inverness piercing photo from instore for a chance to win a pair of earrings! Include the name of the piercing shop using **#myinvernesspiercing**

Visit www.invernesscorp.com for more information

Healing Tips

You just had your ears pierced, now what? Use these tips to help you through the healing period.

Earlobe Piercing: Leave the piercing earrings in for 6 weeks

Cartilage Piercings: Leave the piercing earrings in for 12 weeks



CLEAN HANDS

Always be sure to wash your hands thoroughly before touching your ears or earrings.



CLEANING TIPS

Gently slide your earring back and forth while cleaning to help the solution reach inside your piercing.



TURN TURN TURN

Gently rotate your piercing earrings at least 3x's a day, ideally after you have applied your Inverness Ear Care Solution.



BRUSH CAREFULLY

Be extra careful not to catch your piercing earring when brushing your hair.



PROTECT

Avoid irritating your piercing with products such as hair spray, shampoo, soap, perfume or cosmetics. After using any of these, clean your piercing with your Inverness Ear Care Solution.



WARM WEATHER TIP

Protect your piercing from the sun by wearing a wide-brimmed hat. Avoid getting sunscreen in your piercing. If you do, rinse with clean water and reapply your Inverness Ear Care Solution.



SPORTS TIP

Athletes: before you get pierced, ask if you are permitted to protect a new piercing with a plaster or sports tape during games and practice. If not, plan to have your ears pierced in the off-season.

REMEMBER: Pain, redness and swelling are not a normal result of ear piercing and can lead to infection. Should pain, redness or swelling appear any time after 24 hours after the piercing, remove the earring and see your physician immediately. This is extremely urgent with cartilage piercing, as very serious infections and/or complications can result.

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